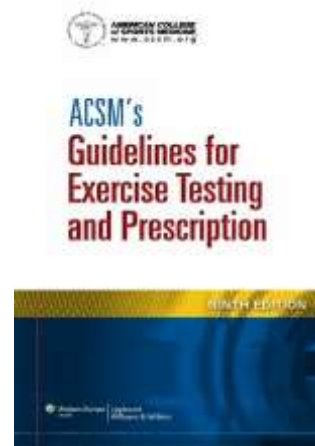
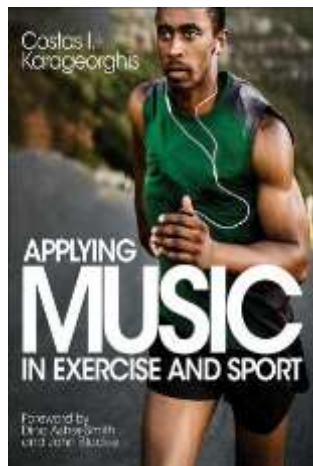
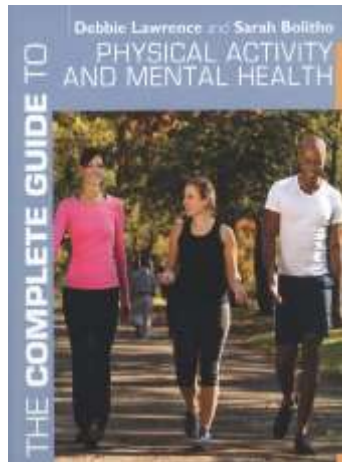
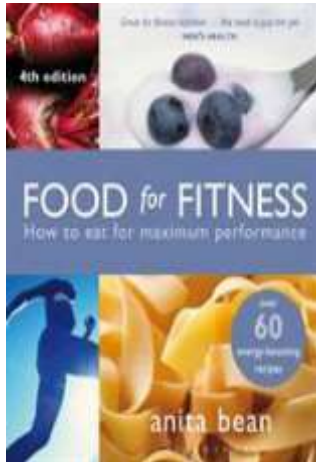


Sport and Fitness

Sport and Fitness books can be found on the Library shelves on or around 796.

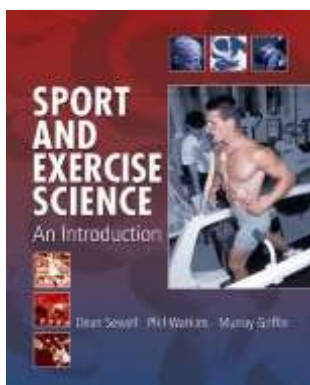
Search the [Library Catalogue](#) to see all books related to this subject. Some examples are:

Books:



EBooks:

While the majority of our electronic books can also be searched via the [Library Catalogue](#). You can also search what is available via individual platforms. [Click here](#) for further information. To access these books, you will require an [OpenAthens](#) account. Library staff can help with this. Some examples of electronic books are:



Online Resources:

[Clickview Videos on Sport and Fitness](#)

Access on line videos and on demand TV to support your research and studies. Click [here](#) and search on 'sport and fitness'.

Outwith the college use the following ink: www.online.clickview.co.uk

Use your College email address and password.

Knowledge Network

The knowledge network is available to students who go on placement within the NHS and selected teaching staff. Registration details are available from the above link. If you need any assistance accessing and using this resource please speak to the college library staff.

Issues Online

This is an excellent resource covering contemporary social issues such as poverty, equality, homelessness, crime etc.

Username: Hartley

Password: 9039

Complete Issues

This resource covers a wide range of topics such as Climate Change, [Mental Health](#), Crime, Drugs, Alcohol and many other social issues in the form of Articles, Statistics and Related Web Links.

Username: westlothian

Password: westlothian

Websites:

[BBC Health and Fitness](#)

[NHS Benefits of Exercise](#)

[Sport and Recreation Alliance](#)

[BASES](#) (The British Association of Sport and Exercise Sciences)