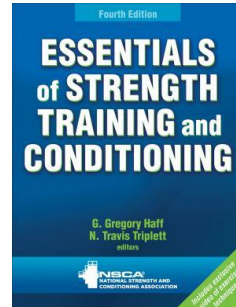
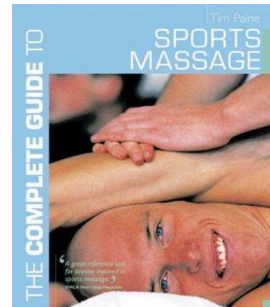
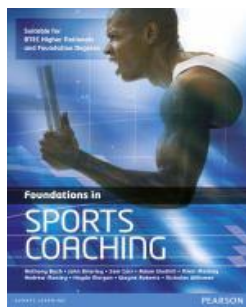
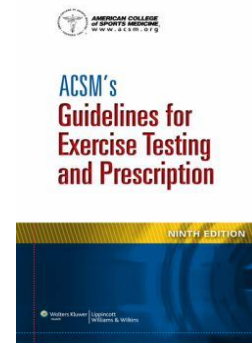
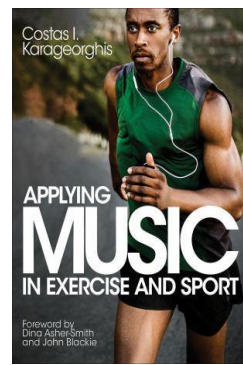
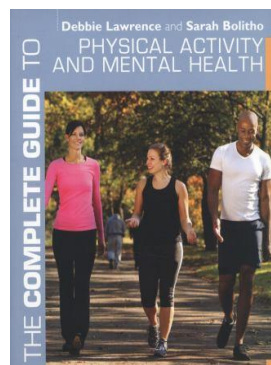
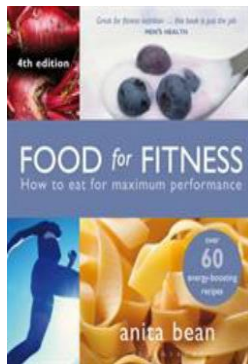


Sport and Fitness

Sport and Fitness books can be found on the Library shelves on or around **796**.

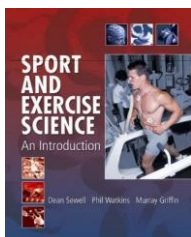
Search the [Library Catalogue](#) to see all books related to this subject. Click on the book to check Library availability. Some examples are:

Books:



Books:

While the majority of our electronic books can also be searched via the [Library Catalogue](#). You can also search what is available via individual platforms. [Click here](#) for further information. To access these books use your college Office 365 username and password. Library staff can help with this. Some examples of electronic books are:



Online Resources:

[Clickview Videos on Sport and Fitness](#)

Access on line videos and on demand TV to support your research and studies. Click [here](#) and search on 'sport and fitness'.

Outwith the college use the following ink: <https://online.clickview.co.uk/>
Use your College email address and password.

Anatomy TV

Anatomy TV is an interactive educational resource on human anatomy. It provides interactive 3D models as well as text, slides and video clips.

Websites:

[BBC Health and Fitness](#)

[NHS Benefits of Exercise](#)

[Sport and Recreation Alliance](#)

[BASES](#) (The British Association of Sport and Exercise Sciences)

[Sport Scotland](#)