

# 5 Fact Sheets

5.1 Listed below are all of the fact sheets listed in sections 1, 2 & 3, by double clicking on the icon, this will take you to the relevant sheet.

**Section 1** An Introduction to health & safety.



An introduction to health & Safety.pdf

**Section 1** Health and safety made simple.



H&S made easy - basics for your business

**Section 2** A brief guide to controlling risks in the workplace



A brief guide to controlling risks in the workplace

**Section 2** Plan, Do, Check, Act



Plan, Do, Check, Act.pdf

**Section 2** Health and safety regulation...short guide



Health and safety regulation...short guide

**Section 2** CLP - Chemical labels are changing



CLP - Chemical labels are changing.pdf

**Section 2** Chemical Labels Guide



Chemical Labels Guide.pdf

**Section 2** Hazardous Symbols



Hazardous Symbols.pdf

**Section 2** Sample Risk Assessment



Sample Risk Assessment.pdf

**Section 2** Company fined



Company fined after employees suffer from

**Section 2** Example Safety Data Sheet



**Section 2** Workplace exposure limits



**Section 2** COSHH – Hairdressing



**Section 2** Electrolysis, piercing, tattooing & micro pigmentation



**Section 2** Personal Protective Equipment



**Section 2** Electricity safety and you – Simple guide



**Section 2** Electricity at work Safe working practices



**Section 2** PAT Testing



**Section 2** Electricity at Work regulations 1989



**Section 2** Manual handling at work - Brief guide



**Section 2** PPE at Work



**Section 2** Manual handling Regulations



**Section 2** Working at height



**Section 2** Safe use of ladders and stepladders



**Section 2** Reducing health risks from the use of UV



**Section 2** Information on UV tanning equipment



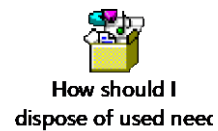
**Section 2** Using work equipment safely



**Section 2** Safe use of work equipment



**Section 2** How should I dispose of used needles or sharps



**Section 2** Skin Piercing Guidelines



**Section 2** Risk Assessment - Hairdressing Sharps highlighted



**Section 2** Small steps stop dermatitis – Poster



**Section 2** Skin checks for dermatitis



**Section 2** Let's dispel a few myths



**Section 2** Correct removal of gloves – Poster



**Section 2** Skin care – Poster



**Section 3** Equality and discrimination understand the basics



**Section 3** Discrimination what to do if it happens



**Section 3** Prevent discrimination support equality



**Section 3** age discrimination ban overview



**Section 3** Equality and discrimination understand the basics



**Section 3** Your Role as Service Provider under the Equality Act



**Section 3** How to Create and Maintain Healthy Workplace Boundaries



**Section 3** How to Create Healthy Boundaries



**Section 3** Working alone



**Section 3** Managing shift work



**Section 3** Workplace health, safety and welfare



**Section 3** Controlling fire and explosion in the workplace



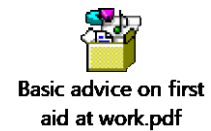
**Section 3** Fire safety in the workplace



**Section 3** First Aid at work



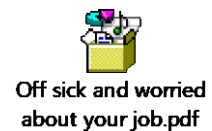
**Section 3** Basic advice on first aid at work



**Section 3** Working together to prevent sickness absence  
becoming job loss



**Section 3** Off sick and worried about your job



**Section 3** Managing sickness absence and return to work in  
small businesses

