

## **Useful Addresses – Bereavement Support/Cot Death**

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### **ARC (Antenatal Results & Choices)**

[www.arc-uk.org](http://www.arc-uk.org)

### **Breathing Space**

[www.breathingspace.scot/](http://www.breathingspace.scot/)

### **British Association for Counselling and Psychotherapy**

[www.bacp.co.uk](http://www.bacp.co.uk)

### **Child Death Helpline**

[childdeathhelpline.org.uk/](http://childdeathhelpline.org.uk/)

### **Cruse Bereavement Care Scotland**

[www.crusescotland.org.uk](http://www.crusescotland.org.uk)

### **The Edinburgh Institute for Counselling & Psychotherapy**

[www.eicp.org](http://www.eicp.org)

### **Human Development Scotland**

[www.hds.scot](http://www.hds.scot)

### **The Lullaby Trust**

[www.lullabytrust.org.uk](http://www.lullabytrust.org.uk)

Leaflets, publications and factsheets can be downloaded here  
<https://www.lullabytrust.org.uk/professionals/publications/>

**Miscarriage Association**

[www.miscarriageassociation.org.uk](http://www.miscarriageassociation.org.uk)

**Public Health Scotland**

[Suicide prevention overview - Suicide - Health topics - Public Health Scotland](#)

**Roadpeace**

[www.roadpeace.org](http://www.roadpeace.org)

**Samaritans Scotland**

[www.samaritans.org](http://www.samaritans.org)

**Finding Support After Miscarriage**

[Finding support after baby loss | NHS inform](#)

**Scottish Cot Death Trust**

[www.scottishcotdeathtrust.org](http://www.scottishcotdeathtrust.org)

**Stillbirth and Neonatal Death Society (SANDS)**

[www.sands.org.uk](http://www.sands.org.uk)

**Twins Trust**

<https://twinstrust.org>