

# Useful Contacts – Elderly Support

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## **Age Scotland**

[www.ageuk.org.uk/scotland/](http://www.ageuk.org.uk/scotland/)

## **Age UK**

[www.ageuk.org.uk](http://www.ageuk.org.uk)

## **ANSWER House Day Centre**

[www.answer-me.org.uk](http://www.answer-me.org.uk)

## **Care Inspectorate**

<http://www.careinspectorate.com/>

## **Healthcare Improvement Scotland**

[www.healthcareimprovementscotland.org/home.aspx](http://www.healthcareimprovementscotland.org/home.aspx)

## **Health in Mind**

[www.health-in-mind.org.uk](http://www.health-in-mind.org.uk)

## **Kingdom Housing Association Ltd**

[www.kingdomhousing.org.uk](http://www.kingdomhousing.org.uk)

## **The Pension Service**

[www.thepensionservice.gov.uk](http://www.thepensionservice.gov.uk)

## **Public Health Scotland**

<http://www.healthscotland.scot/>

**Royal Osteoporosis Society**

[www.theros.org.uk](http://www.theros.org.uk)