

Useful Addresses – Health Conditions

Acne:

[British Skin Foundation](#)

<http://www.britishskinfoundation.org.uk/SkinInformation/AtoZofSkindisease/Acne.aspx>

[NHS](#)

<http://www.nhs.uk/conditions/acne/Pages/Introduction.aspx>

[Patient UK](#)

<http://www.patient.co.uk/health/acne>

Allergies:

[Allergy UK](#)

<https://www.allergyuk.org/>

[KidsHealth](#)

<https://kidshealth.org/en/parents/allergy.html>

[NHS](#)

<http://www.nhs.uk/conditions/Allergies/Pages/Introduction.aspx>

Attention Deficit Disorder (ADHD/ADD):

[Attention Deficit Disorder Association](#)

<http://www.add.org/>

[National Institute of Mental Health](#)

<http://www.nimh.nih.gov/health/publications/attention-deficit-hyperactivity-disorder/index.shtml>

[WebMD \(Boots\)](#)

<https://www.webmd.com/add-adhd/default.htm>

Alzheimer's Disease:

[Alzheimer's Society](#)

<http://www.alzheimers.org.uk/>

[BUPA](#)

<http://www.bupa.co.uk/individuals/health-information/directory/a/alzheimers-disease>

[NHS](#)

<http://www.nhs.uk/conditions/Alzheimers-disease/Pages/Introduction.aspx>

Anaemia:

[NHS](#)

<http://www.nhs.uk/conditions/Anaemia-iron-deficiency-/Pages/Introduction.aspx>

Patient UK

<http://www.patient.co.uk/health/anaemia-leaflet>

Web MD (Boots)

http://www.webmd.com/search/search_results/default.aspx?query=anaemia

Angina:

British Heart Foundation

<http://www.bhf.org.uk/information/support/conditions/angina>

BUPA

<http://www.bupa.co.uk/individuals/health-information/directory/a/angina>

NHS

<http://www.nhs.uk/conditions/Angina/Pages/Introduction.aspx>

Anorexia Nervosa:

BUPA

<http://www.bupa.co.uk/individuals/health-information/directory/a/anorexia>

Netdoctor

<http://www.netdoctor.co.uk/diseases/facts/anorexianervosa.htm>

NHS

<http://www.nhs.uk/conditions/Anorexia-nervosa/Pages/Introduction.aspx>

Arrhythmia:

British Heart Foundation

<http://www.bhf.org.uk/heart-health/conditions/abnormal-heart-rhythms.aspx?pid=g&gclid=CPWEwtm-zKsCFYMKfAodHkmZ3g>

Heart Rhythm Charity

<http://www.heartrhythmcharity.org.uk/www/index.php>

Patient UK

<http://www.patient.co.uk/health/arrhythmias-abnormal-heart-rhythms>

Asthma:

Asthma and Lung UK

<http://www.asthma.org.uk/>

NHS

<http://www.nhs.uk/conditions/asthma/Pages/Introduction.aspx>

Autism:

[Autism UK](#)

<http://www.autism.org.uk/>

[BUPA](#)

<http://www.bupa.co.uk/individuals/health-information/directory/a/autism>

[NHS](#)

<https://www.nhs.uk/conditions/autism/>

Bell's Palsy:

[Bell's Palsy Association](#)

<http://bellspalsy.org.uk/>

[NHS](#)

<http://www.nhs.uk/conditions/Bells-palsy/Pages/Introduction.aspx>

[WebMD](#)

<https://www.webmd.com/brain/understanding-bells-palsy-basics>

Benign Tumours:

[NHS](#)

<http://www.nhs.uk/Conditions/Brain-tumour/Pages/Introduction.aspx>

[MedlinePlus](#)

<http://www.nlm.nih.gov/medlineplus/benigntumors.html>

[Patient UK](#)

<http://www.patient.co.uk/doctor/Benign-Ovarian-Tumours.htm>

Binge Eating Disorder:

[Eating Disorder Expert](#)

<http://www.eatingdisorderexpert.co.uk/bingeeatingdisorder.html>

[NHS](#)

<http://www.nhs.uk/Conditions/Binge-eating/Pages/Introduction.aspx>

[WebMD](#)

<https://www.webmd.com/mental-health/eating-disorders/binge-eating-disorder/why-binge-eating#1>

Bipolar Disorder:

[Royal College of Psychiatrists](#)

<http://www.rcpsych.ac.uk/mentalhealthinfo/problems/bipolardisorder/bipolardisorder.aspx>

Mind

<http://www.mind.org.uk/information-support/types-of-mental-health-problems/bipolar-disorder/>

NHS

<http://www.nhs.uk/conditions/bipolar-disorder/pages/introduction.aspx>

Bird Flu:

Medlineplus

<http://www.nlm.nih.gov/medlineplus/birdflu.html>

NHS

<http://www.nhs.uk/conditions/avian-flu/Pages/Introduction.aspx>

World Health Organisation

<https://www.who.int/westernpacific/emergencies/surveillance/avian-influenza>

Birth Control:

Family Doctor

<http://familydoctor.org/familydoctor/en/prevention-wellness/sex-birth-control/birth-control/birth-control-options.html>

Kids Health

http://kidshealth.org/teen/sexual_health/contraception/contraception_birth.html

WebMD

<https://www.webmd.com/sex/birth-control/default.htm>

Birthmarks:

BUPA

<http://www.bupa.co.uk/individuals/health-information/directory/b/birthmarks>

Kids Health

<http://kidshealth.org/parent/general/body/birthmarks.html>

NHS

<http://www.nhs.uk/conditions/Birthmarks/Pages/Introduction.aspx>

Body Dysmorphic Disorder (BDD):

Anxiety UK

<https://www.mind.org.uk/information-support/types-of-mental-health-problems/body-dysmorphic-disorder-bdd/about-bdd/>

Mind

<https://www.mind.org.uk/information-support/types-of-mental-health-problems/body-dysmorphic-disorder-bdd/about-bdd/>

[Patient UK](#)

<http://www.patient.co.uk/health/body-dysmorphic-disorder>

Body Mass Index (BMI):

[BBC Health Tools](#)

http://www.bbc.co.uk/health/tools/bmi_calculator/bmi.shtml

[Centers for Disease Control and Prevention](#)

<http://www.cdc.gov/healthyweight/assessing/bmi/>

[NHS](#)

<https://www.nhs.uk/common-health-questions/lifestyle/what-is-the-body-mass-index-bmi/>

Borderline Personality Disorder (BPD):

[Medicine Net](#)

http://www.medicinenet.com/borderline_personality_disorder/article.htm

[Mind](#)

<http://www.mind.org.uk/information-support/types-of-mental-health-problems/borderline-personality-disorder/>

[NHS](#)

<http://www.nhs.uk/conditions/borderline-personality-disorder/Pages/Introduction.aspx>

Bronchitis:

[Kids Health](#)

<http://kidshealth.org/en/parents/bronchitis.html?ref=search>

[Medline Plus](#)

<http://www.nlm.nih.gov/medlineplus/chronicbronchitis.html>

[NHS](#)

<http://www.nhs.uk/conditions/Bronchitis/Pages/Introduction.aspx>

Bulimia:

[BUPA](#)

<https://www.bupa.co.uk/health-information/workplace-mental-health/understanding-mental-health-problems/eating-disorders>

[NHS](#)

<http://www.nhs.uk/conditions/bulimia/Pages/Introduction.aspx>

Burns:

[Netdoctor](#)

<http://www.netdoctor.co.uk/diseases/facts/burns.htm>

[NHS](#)

<http://www.nhs.uk/conditions/burns-and-scalds/pages/introduction.aspx>

[Red Cross](#)

<https://www.redcross.org.uk/first-aid/learn-first-aid/burns>

Canker Sores (Cold Sores):

[Kids Health](#)

http://kidshealth.org/teen/diseases_conditions/mouth/canker.html

[Medline Plus](#)

<http://www.nlm.nih.gov/medlineplus/ency/article/000998.htm>

[NHS](#)

<http://www.nhs.uk/conditions/Cold-sore/Pages/Introduction.aspx>

Carpal Tunnel Syndrome:

[BUPA](#)

<http://www.bupa.co.uk/individuals/health-information/directory/c/carpal-tunnel>

[NHS](#)

<https://www.nhs.uk/conditions/Carpal-tunnel-syndrome/>

[Patients UK](#)

<http://www.patient.co.uk/health/carpal-tunnel-syndrome-leaflet>

Cholesterol:

[BBC Science](#)

<http://www.bbc.co.uk/sn/humanbody/truthaboutfood/healthy/evodiet2.shtml>

[British Heart Foundation](#)

<https://www.bhf.org.uk/informationsupport/risk-factors/high-cholesterol>

[NHS](#)

<http://www.nhs.uk/Livewell/Healthyhearts/Pages/Cholesterol.aspx>

Chronic Fatigue Syndrome:

[Centres for Disease Control and Prevention](#)

<http://www.cdc.gov/cfs/>

[NHS](#)

<http://www.nhs.uk/conditions/Chronic-fatigue-syndrome/Pages/Introduction.aspx>

Patient UK

<http://www.patient.co.uk/health/chronic-fatigue-syndromeme>

Chronic Obstructive Pulmonary Disease (COPD):

Lung UK

<http://www.blf.org.uk/Page/chronic-obstructive-pulmonary-disease-COPD>

NHS

<http://www.nhs.uk/Conditions/Chronic-obstructive-pulmonary-disease/Pages/Introduction.aspx>

Patient UK

<http://www.patient.co.uk/health/chronic-obstructive-pulmonary-disease-leaflet>

Coeliac:

Coeliac UK

<https://www.coeliac.org.uk/home/>

Medinfo

<http://www.medinfo.co.uk/conditions/coeliac.html>

NHS

<https://www.nhs.uk/conditions/coeliac-disease/>

Congenital Heart Failure (CHF):

British Heart Foundation

<https://www.bhf.org.uk/information-support/conditions/congenital-heart-disease>

Medline Plus

<http://www.nlm.nih.gov/medlineplus/ency/article/000158.htm>

NHS

<https://www.nhs.uk/conditions/Congenital-heart-disease/>

Conjunctivitis:

BUPA

<https://www.bupa.co.uk/health-information/directory/c/conjunctivitis>

NHS

<http://www.nhs.uk/conditions/Conjunctivitis-infective/Pages/Introduction.aspx>

Patient UK

<http://www.patient.co.uk/health/infective-conjunctivitis-leaflet>

Crohn's Disease:

[BUPA](#)

<http://www.bupa.co.uk/individuals/health-information/directory/c/crohns-disease>

[Crohn's and Colitis UK](#)

<https://www.crohnsandcolitis.org.uk/about-crohns-and-colitis>

[NHS](#)

<http://www.nhs.uk/conditions/crohns-disease/Pages/Introduction.aspx>

Deep Vein Thrombosis (DVT):

[BUPA](#)

<https://www.bupa.co.uk/health-information/heart-blood-circulation/deep-vein-thrombosis-dvt>

[NHS](#)

<http://www.nhs.uk/Conditions/Deep-vein-thrombosis/Pages/Introduction.aspx>

[Patient UK](#)

<http://www.patient.co.uk/health/deep-vein-thrombosis-leaflet>

Diabetes:

[Diabetes UK](#)

<http://www.diabetes.org.uk/>

[NHS](#)

<http://www.nhs.uk/Conditions/Diabetes/Pages/Diabetes.aspx>

[Patient UK](#)

<http://www.patient.co.uk/health/type-2-diabetes>

Dyslexia:

[British Dyslexia Association](#)

<http://www.bdadyslexia.org.uk/>

[Dyslexia Action](#)

<http://www.dyslexiaaction.org.uk/>

[Dyslexia Research Trust](#)

<https://www.dyslexic.org.uk/about-dyslexia>

Ear Problems:

Ear Help

<http://www.earhelp.co.uk/>

NHS

<http://www.nhs.uk/conditions/otitis-media/pages/introduction.aspx>

Eating Disorders:

Beat Eating disorders

<https://www.beateatingdisorders.org.uk/>

National Centre for Eating Disorders

<http://eating-disorders.org.uk/>

NHS

<http://www.nhs.uk/conditions/Eating-disorders/Pages/Introduction.aspx>

Eczema:

BUPA

<http://www.bupa.co.uk/individuals/health-information/directory/e/eczema>

National Eczema Society

<http://www.eczema.org/>

NHS

[http://www.nhs.uk/conditions/Eczema-\(atopic\)/Pages/Introduction.aspx](http://www.nhs.uk/conditions/Eczema-(atopic)/Pages/Introduction.aspx)

Emphysema:

Mayo Clinic

<http://www.mayoclinic.org/diseases-conditions/emphysema/basics/definition/con-20014218>

Medline Plus

<https://www.nlm.nih.gov/medlineplus/emphysema.html>

NHS

<http://www.nhs.uk/conditions/chronic-obstructive-pulmonary-disease-copd/>

Endometriosis:

BUPA

<http://www.bupa.co.uk/individuals/health-information/directory/e/endometriosis>

Endometriosis UK

<http://endometriosis-uk.org/>

NHS

<http://www.nhs.uk/Conditions/Endometriosis/Pages/Introduction.aspx>

European Health Insurance Card (EHIC):

[European Health Insurance Card](#)

<http://www.nhs.uk/NHSEngland/Healthcareabroad/EHIC/Pages/about-the-ehic.aspx>

[NHS](#)

<http://www.nhs.uk/nhsengland/Healthcareabroad/pages/Healthcareabroad.aspx>

[Post Office](#)

<http://www.postoffice.co.uk/health-insurance-card>

Eye Problems:

[NHS Inform](#)

<https://www.nhsinform.scot/self-help-guides/self-help-guide-eye-problems>

[RNIB](#)

<http://www.rnib.org.uk/eye-health/eye-conditions>

[WebMD](#)

<https://www.webmd.com/eye-health/common-eye-problems#1>

Food Poisoning:

[Kids Health](#)

http://kidshealth.org/kid/ill_injure/sick/food_poisoning.html

[NHS](#)

<http://www.nhs.uk/conditions/Food-poisoning/Pages/Introduction.aspx>

[Patient UK](#)

<http://www.patient.co.uk/health/food-poisoning-in-adults>

Frostbite:

[Kids Health](#)

http://kidshealth.org/parent/firstaid_safe/emergencies/frostbite.html

[NHS](#)

<http://www.nhs.uk/conditions/Frostbite/Pages/Introduction.aspx>

[WebMD](#)

<https://www.webmd.com/first-aid/frostbite#1>

Glandular Fever:

[Netdoctor](#)

<https://www.netdoctor.co.uk/conditions/pregnancy-and-family/a9078/glandular-fever-infectious-mononucleosis/>

NHS

<http://www.nhs.uk/Conditions/Glandular-fever/Pages/Introduction.aspx>

Patient UK

<http://www.patient.co.uk/health/glandular-fever-infectious-mononucleosis>

Glaucoma:

NHS

<http://www.nhs.uk/conditions/Glaucoma/Pages/Introduction.aspx>

Patient UK

<http://www.patient.co.uk/health/chronic-open-angle-glaucoma>

RNIB

<https://www.rnib.org.uk/eye-health-eye-conditions-z-eye-conditions/glaucoma>

Gout:

NHS

<http://www.nhs.uk/Conditions/Gout/Pages/Introduction.aspx>

UK Gout Society

<http://www.ukgoutsociety.org/>

Versus Arthritis

<https://www.versusarthritis.org/search?query=gout>

Gum Disease:

BUPA

<http://www.bupa.co.uk/individuals/health-information/directory/g/gum-disease>

NHS

<http://www.nhs.uk/Conditions/Gum-disease/Pages/Introduction.aspx>

Hay Fever:

The Met Office

<https://www.metoffice.gov.uk/weather/warnings-and-advice/seasonal-advice/pollen-forecast#?date=2019-05-31>

NHS

<http://www.nhs.uk/Conditions/Hay-fever/Pages/Introduction.aspx>

Patient UK

<http://www.patient.co.uk/health/hay-fever>

Hepatitis:

[Hepatitis Trust](#)

<http://www.hepctrust.org.uk/>

[Kids Health](#)

<http://kidshealth.org/teen/infections/stds/hepatitis.html>

[NHS](#)

<http://www.nhs.uk/conditions/Hepatitis/Pages/Introduction.aspx>

Hiatus Hernia:

[BUPA](#)

<http://www.bupa.co.uk/individuals/health-information/directory/h/hiatus-hernia>

[NHS](#)

<http://www.nhs.uk/conditions/Hernia-hiatus/Pages/Introduction.aspx>

[Patient UK](#)

<http://www.patient.co.uk/health/hiatus-hernia-leaflet>

Hives:

[Medline Plus](#)

<http://www.nlm.nih.gov/medlineplus/hives.html>

[NHS](#)

<http://www.nhs.uk/conditions/Nettle-rash/Pages/Introduction.aspx>

[Web MD](#)

<http://www.webmd.com/skin-problems-and-treatments/guide/hives-urticaria-angioedema>

Hypertension (High Blood Pressure):

[High blood pressure \(Hypertension\) - BHF](#)

[NHS](#)

[http://www.nhs.uk/conditions/Blood-pressure-\(high\)/Pages/Introduction.aspx](http://www.nhs.uk/conditions/Blood-pressure-(high)/Pages/Introduction.aspx)

[Web MD](#)

https://www.webmd.com/search/search_results/default.aspx?query=hypertension

Infectious Mononucleosis (Glandular Fever):

[Kids Health](#)

<http://kidshealth.org/parent/infections/common/mono.html>

Medline Plus

<http://www.nlm.nih.gov/medlineplus/infectiousmononucleosis.html>

Patient UK

<http://www.patient.co.uk/health/glandular-fever-infectious-mononucleosis>

Irritable Bowel Syndrome:

BUPA

<http://www.bupa.co.uk/individuals/health-information/directory/i/irritable-bowel-syndrome>

NHS

<http://www.nhs.uk/Conditions/Irritable-bowel-syndrome/Pages/Introduction.aspx>

Patient UK

<http://www.patient.co.uk/health/irritable-bowel-syndrome-leaflet>

Kidney Disease:

Kidney Research UK

<http://www.kidneyresearchuk.org/?gclid=CNGf2LLbZr4CFWqWtAodsDcAig>

NHS

<http://www.nhs.uk/Conditions/Kidney-disease-chronic/Pages/Introduction.aspx>

Patient UK

<http://www.patient.co.uk/health/chronic-kidney-disease-leaflet>

Leukaemia:

Children with Cancer

<http://www.childrenwithcancer.org.uk/childhood-cancer>

Kids Health

http://kidshealth.org/parent/medical/cancer/cancer_leukemia.html

Macmillan Cancer Support

<http://www.macmillan.org.uk/Cancerinformation/Cancertypes/Leukaemiaacutemyeloid/AML.aspx>

Lupus:

Lupus UK

<http://www.lupusuk.org.uk/>

NHS

<http://www.nhs.uk/Conditions/Lupus/Pages/Introduction.aspx>

WebMD

<https://www.webmd.com/lupus/guide/lupus-overview-facts>

Lyme Disease:

[Lyme Disease Action](#)

<http://www.lymediseaseaction.org.uk/>

[NHS](#)

<http://www.nhs.uk/conditions/Lyme-disease/Pages/Introduction.aspx>

[Patient UK](#)

<http://www.patient.co.uk/health/lyme-disease-leaflet>

Malaria:

[NHS](#)

<http://www.nhs.uk/conditions/Malaria/Pages/Introduction.aspx>

[The Travel Doctor](#)

<https://www.traveldoctor.com.au/diseases/malaria>

Memory Loss:

[Alzheimer's Society](#)

http://alzheimers.org.uk/site/scripts/documents_info.php?documentID=123

[NHS](#)

<http://www.nhs.uk/conditions/memory-loss/Pages/Introduction.aspx>

[Patient UK](#)

<http://www.patient.co.uk/health/memory-loss-and-dementia>

Menopause:

[Menopause Matters](#)

<https://menopausematters.co.uk/>

[NHS](#)

<http://www.nhs.uk/Conditions/menopause/Pages/Introduction.aspx>

[Netdoctor](#)

<http://www.netdoctor.co.uk/diseases/facts/menopause.htm>

Mouth Ulcers:

[NHS](#)

<http://www.nhs.uk/conditions/Mouth-ulcer/Pages/Introduction.aspx>

[Patient UK](#)

<http://www.patient.co.uk/health/aphthous-mouth-ulcers>

WebMD

<http://www.webmd.boots.com/oral-health/guide/mouth-ulcers>

Multiple Sclerosis:

MS Society

<http://www.mssociety.org.uk/what-is-ms/signs-and-symptoms?gclid=CIuksNmA1KsCFQ0OfAodMmM0QA>

MS Trust

<https://www.mstrust.org.uk/a-z>

NHS

<http://www.nhs.uk/conditions/Multiple-sclerosis/Pages/Introduction.aspx>

Non-Hodgkins's Lymphoma:

Cancer Research UK

<https://www.cancerresearchuk.org/about-cancer/non-hodgkin-lymphoma>

Macmillan Cancer Support

<http://www.macmillan.org.uk/Cancerinformation/Cancertypes/Lymphomanon-Hodgkin/Non-Hodgkinlymphoma.aspx>

NHS

<http://www.nhs.uk/conditions/non-hodgkins-lymphoma/Pages/Definition.aspx>

Norovirus:

Health Protection Agency

<http://www.hpa.org.uk/Topics/InfectiousDiseases/InfectionsAZ/Norovirus/>

NHS

<http://www.nhs.uk/conditions/norovirus/Pages/Introduction.aspx>

Patient UK

<http://www.patient.co.uk/doctor/Norovirus.htm>

Obesity:

National Institute for Health and Care Excellence

<http://www.nice.org.uk/CG43>

NHS

<http://www.nhs.uk/Conditions/Obesity/Pages/Introduction.aspx>

WHO

<https://www.who.int/topics/obesity/en/>

Obsessive Compulsive Disorder (OCD):

Mind

<http://www.mind.org.uk/information-support/types-of-mental-health-problems/obsessive-compulsive-disorder-ocd/>

NHS

<http://www.nhs.uk/conditions/Obsessive-compulsive-disorder/Pages/Introduction.aspx>

OCD UK

<http://www.ocduk.org/>

Overactive Thyroid:

BUPA

<http://www.bupa.co.uk/individuals/health-information/directory/o/overactive-thyroid>

NHS

<http://www.nhs.uk/Conditions/Thyroid-over-active/Pages/Introduction.aspx>

Patient UK

<http://www.patient.co.uk/health/hyperthyroidism-overactive-thyroid>

Parkinson's Disease:

NHS

<http://www.nhs.uk/conditions/Parkinsons-disease/Pages/Introduction.aspx>

Parkinson's UK

<http://www.parkinsons.org.uk/>

Patient UK

<http://www.patient.co.uk/health/parkinsons-disease>

Phobias:

Kids Health

<http://kidshealth.org/kid/feeling/emotion/phobias.html>

Mind

<http://www.mind.org.uk/information-support/types-of-mental-health-problems/phobias/>

NHS

<https://www.nhs.uk/conditions/phobias/>

Pleurisy:

NHS

<http://www.nhs.uk/conditions/pleurisy/Pages/Introduction.aspx>

Patient UK

<http://www.patient.co.uk/health/pleurisy>

WebMD

<https://www.webmd.com/lung/pleurisy-directory>

Polio:

British Polio

<http://www.nhs.uk/conditions/polio/Pages/Introduction.aspx>

NHS

<http://www.nhs.uk/Conditions/polio/Pages/Introduction.aspx>

Patient UK

<http://www.patient.co.uk/health/polio-immunisation>

Post Traumatic Stress Disorder (PTSD):

Mind

<https://mind.org.uk/information-support/types-of-mental-health-problems/post-traumatic-stress-disorder-ptsd/#.WRCNcNLyvc>

NHS

<http://www.nhs.uk/Conditions/Post-traumatic-stress-disorder/Pages/Introduction.aspx>

Royal College of Psychiatrists

<http://www.rcpsych.ac.uk/mentalhealthinfo/problems/ptsd/posttraumaticstressdisorder.aspx>

Premenstrual Syndrome (PMS):

BUPA

<http://www.bupa.co.uk/individuals/health-information/directory/p/premenstrual-tension>

National Association for Premenstrual Syndrome

<http://www.pms.org.uk/>

NHS

<http://www.nhs.uk/Conditions/Premenstrual-syndrome/Pages/Symptoms.aspx>

Psoriasis:

NHS

<http://www.nhs.uk/Conditions/Psoriasis/Pages/Introduction.aspx>

Patient UK

<http://www.patient.co.uk/health/psoriasis>

[Psoriasis Association UK](#)

<https://www.psoriasis-association.org.uk/>

Raynaud's Disease:

[NHS](#)

<http://www.nhs.uk/Conditions/Raynauds-phenomenon/Pages/Introduction.aspx>

[Patient UK](#)

<http://www.patient.co.uk/doctor/raynauds-phenomenon-pro>

[Raynaud's and Scleroderma Association](#)

<http://www.raynauds.org.uk/>

Seasonal Affective Disorder (SAD):

[BUPA](#)

<http://www.bupa.co.uk/individuals/health-information/directory/s/sad>

[Mind](#)

<https://www.mind.org.uk/information-support/types-of-mental-health-problems/seasonal-affective-disorder-sad/about-sad/>

[NHS](#)

<http://www.nhs.uk/Conditions/Seasonal-affective-disorder/Pages/Introduction.aspx>

Schizophrenia:

[Mind](#)

<https://www.mind.org.uk/information-support/types-of-mental-health-problems/schizophrenia/#.XPEL2tJKgnQ>

[NHS](#)

<https://www.nhs.uk/conditions/Schizophrenia/>

[Royal College of Psychiatrists](#)

<http://www.rcpsych.ac.uk/expertadvice/problemsdisorders/schizophrenia.aspx>

Sudden infant death syndrome (SIDS):

[Kids Health](#)

<http://kidshealth.org/en/parents/sids.html>

[Lullaby Trust](#)

www.lullabytrust.org.uk/safer-sleep-advice/what-is-sids/

[NHS](#)

<https://www.nhs.uk/conditions/sudden-infant-death-syndrome-sids/>

Tinnitus:

Action on Hearing Loss

<https://www.actiononhearingloss.org.uk/hearing-health/tinnitus/>

British Tinnitus Association

<http://www.tinnitus.org.uk/>

NHS

<http://www.nhs.uk/conditions/Tinnitus/Pages/Introduction.aspx>

Tuberculosis (TB):

NHS

<http://www.nhs.uk/Conditions/Tuberculosis/Pages/Introduction.aspx>

Patient UK

<http://www.patient.co.uk/doctor/tuberculosis-pro>

Public Health England

<http://www.hpa.org.uk/Topics/InfectiousDiseases/InfectionsAZ/Tuberculosis/>

Ulcers:

Family Doctor

<http://familydoctor.org/familydoctor/en/diseases-conditions/ulcers.html>

Kids Health

http://kidshealth.org/teen/diseases_conditions/digestive/ulcers.html

NHS

<http://www.nhs.uk/Conditions/Peptic-ulcer/Pages/Introduction.aspx>

Urinary Tract Infection (UTI):

Kids Health

http://kidshealth.org/parent/general/body_basics/kidneys_urinary.html

Medline Plus

<http://www.nlm.nih.gov/medlineplus/ency/article/000521.htm>

Net Doctor

<http://www.netdoctor.co.uk/menshealth/facts/urinaryinfection.htm>

Vertigo:

NHS

<http://www.nhs.uk/conditions/Vertigo/Pages/Introduction.aspx>

Patient UK

<http://www.patient.co.uk/doctor/vertigo>

Web MD

<https://www.webmd.com/brain/vertigo-directory>