

# Useful Addresses – Smoking

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## **ASH Scotland**

[www.ashscotland.org.uk](http://www.ashscotland.org.uk)

## **Asthma UK Scotland**

[www.asthma.org.uk/scotland](http://www.asthma.org.uk/scotland)

## **British Heart Foundation**

<https://www.bhf.org.uk/heart-health/risk-factors/smoking>

## **Cancer Research UK**

[www.cancerresearchuk.org.uk](http://www.cancerresearchuk.org.uk)

## **NHS Health Scotland**

[www.healthscotland.com/](http://www.healthscotland.com/)